



Physicians • Nurses • Healthcare Executives • Behavioral Health Specialists

WELLNESS SUMMIT

FOR

HEALTHCARE PROFESSIONALS

May 29 – 31, 2026 | Point Clear, AL

est. 1847
Grand Hotel
GOLF RESORT & SPA



Hosted by
**FOUNDATION
FOR
WELLNESS**

ABOUT WELLNESS SUMMIT



3rd Annual **WELLNESS SUMMIT**

for Healthcare Professionals is an accredited CME event that will take place on **May 29 – 31, 2026**, at The Grand Hotel in Point Clear, AL.

The agenda will focus on work/life balance, imposter syndrome, navigating change, the elimination of hurry, nutrition, and other well-being topics. The purpose of this educational event is to focus on real solutions to combat burnout as well as reduce stress and fatigue for healthcare professionals.

This CME event is appropriate for healthcare professionals including physicians, nurses, nurse practitioners, licensed practical nurses, physician assistants, and more!



FOCUSED ON PROVIDER WELLNESS

SUMMIT VENUE

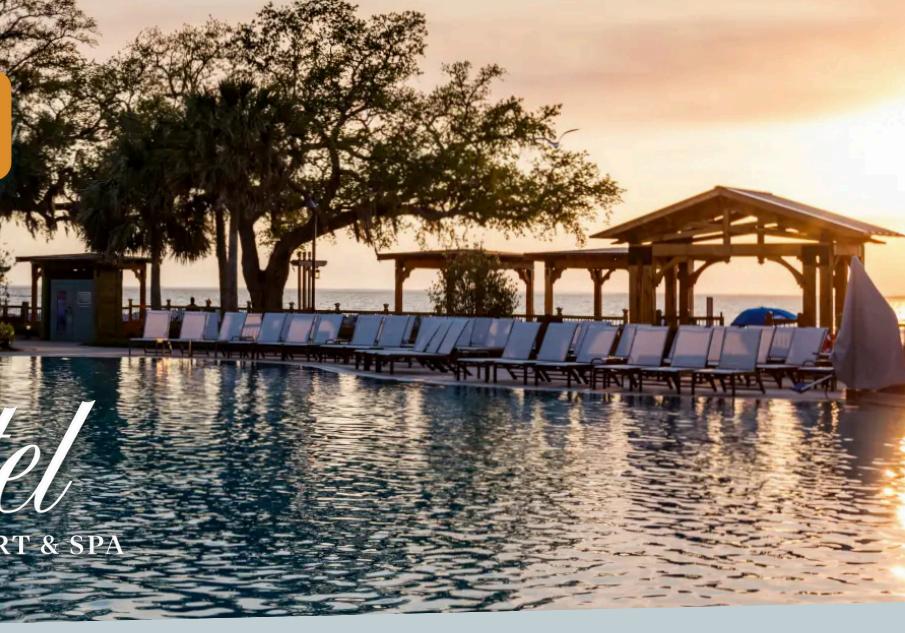


Treat yourself to a memorable experience at the **Grand Hotel Golf Resort & Spa, Autograph Collection**! Located near Fairhope, Alabama in the picturesque beach hamlet of Point Clear, the Grand Hotel offers guests a myriad of opportunities for both relaxation and entertainment.

Bring the kids to the stunning family feature pool, lounge at the adult-only pool, break a sweat at the pickleball court, unwind during a scheduled spa experience, or take in the beautiful white sand beaches of Alabama's famed Gulf Coast at your leisure.

RESORT AMENITIES

- Indoor & Outdoor Pool with Towel Service
- Daily Shuttle to Downtown Fairhope
- 1 Hour Complimentary Bike Rental
- 1 Hour Complimentary Kayak Rental
- Fishing Poles & Bait
- Tennis Court
- Art Exhibit
- Fitness Center
- Beach Volleyball, Corn Hole, & More
- Bayside Putting Green
- Range Balls at Lakewood Golf Club
- Food for Resident Ducks
- Historical Tour
- Daily Arts & Crafts Activities



SUMMIT AGENDA



FRIDAY RECEPTION

The Friday agenda will feature a thought-provoking presentation by Dr. Robert John Sawyer, followed by a discussion. Following the education, a reception will be held from 5:00 PM until 7:00 PM at the Grand Hotel. This social gathering is open to all attendees, speakers, sponsors, and their guests, providing an excellent opportunity to network and enjoy hors d'oeuvres and drinks with colleagues.

AGENDA INFO

This series of presentations focuses on healthcare professional well-being, with emphasis on purpose, resilience, and sustainable practice. Sessions address managing change, maintaining balance, and navigating professional challenges while exploring meaning in work, reducing strain, and aligning personal values with medical practice. Sponsors are welcome to attend these educational presentations.

ANN FLANNERY, MD

"Come for the information, which is fabulous, but stay for the networking and the beautiful resort. Take an extra day!"

SUMMIT SPONSORSHIPS

GOLD \$5000

- Co-sponsor of the Friday Night Welcome Reception
- Recognition as a Gold Sponsor in pre-event emails
- Inclusion of marketing materials in attendee bags (materials provided by sponsor)
- Two social media posts
- Logo featured on attendee welcome baskets curated by the Foundation for Wellness team
- Four complimentary attendee registrations
- Premium exhibit table location
- Participation in the Exhibitor Bingo

BRONZE \$1500

- Co-sponsor of the Saturday or Sunday breakfast
- Inclusion of marketing materials in attendee bags (materials provided by sponsor)
- Two complimentary attendee registrations
- Exhibit table
- Participation in the Exhibitor Bingo

EXHIBITOR \$750

- One complimentary attendee registration
- Exhibit table
- Participation in the Exhibitor Bingo

NON-PROFIT

- Contact us for non-profit rate

LAGNIAPPE

- Contact us for a special opportunity to feature your logo on our exclusive Welcome Boxes, hand delivered to each guest room, or on the conference bags.

SILVER \$3000

- Co-sponsor of the Saturday Lunch
- Recognition as a Silver Sponsor in pre-event emails
- Inclusion of marketing materials in attendee bags (materials provided by sponsor)
- One social media post
- Three complimentary attendee registrations
- Exhibit table
- Participation in the Exhibitor Bingo

2025 CONFERENCE STATISTICS

- Nearly 40 healthcare professionals
- Diverse wellness topics and sessions
- Top Industry Disciplinaries Attended:

OB/GYN

General Practice

Pediatric

Oncology

Functional Medicine



SPONSORSHIP BENEFITS



Connect with
Healthcare System
Decision Makers



Receive Regional
Brand Recognition



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on Healthcare
Provider Needs



Marketing & Social
Media Promotion



Reach Healthcare
Professionals in
the Gulf Coast



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